



# RESPONDING AS THE MOTHER OF A REBELLIOUS TEEN

FFC WOMEN'S DISCIPLESHIP RESOURCES  
TAKE YOU TO GOD'S WORD FOR ANSWERS

# RESPONDING AS THE MOTHER OF A REBELLIOUS TEEN

God is sovereign in the trial of a rebellious teen. He has hand-picked this trial to grow you and change you to look more like Jesus. You can rest in it and draw close to Christ, focusing on giving Him glory in your relationship with Him, and in your relationship with others.

## Directions

- ♥ Carefully read each of the following verses or passages.
- ♥ If it is an area where you think you are struggling, circle the passages. If you are married, after you have looked at all the passages, ask your husband if he agrees with your assessment. Remember he is the head of the home and it is not your job to teach him (1 Corinthians 14:34-35, 1 Timothy 2:9-15). Let your discipleship coach know which areas you will be working on.
- ♥ Write a plan of action for training yourself in what you learn from each of these passages. (i.e., How will you actually make sure you do what Scripture says? How will you make what you learn a reality in your life?)
- ♥ Your plan of action might include saying, "I will memorize this passage and quote it every morning. I will ask God to help me ..... every morning. I will ask my coach to pray for me, exhort me, and check up on me. I will keep a daily record of times when I did obey and times I did not obey."
- ♥ Work together with your discipleship coach for suggestions about how to apply your life in each area you have circled. Discuss with her your plan of action and ask her to pray for you and hold you accountable.

**Applying life to God's Word**

**1. GLORIFY GOD BY THANKING HIM FOR THE TRIAL**

**Philippians 4:4-8, 1 Thessalonians 5:18, James 1:23**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**2. COME BEFORE GOD AND ASKING HIM IF HE IS DISCIPLINING ME**

**Joel 2:12-17, Hebrews 12:6**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**3. GLORIFY GOD BY LOVING MY CHILD ACCORDING TO SCRIPTURE**

**1 Corinthians 13**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**4. GLORIFY GOD BY PROVIDING A SPIRITUAL EXAMPLE**

**Deuteronomy 6:4-9, 1 Timothy 4:7-8**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**5. GLORIFY GOD BY PRIORITIZING MY TIME (LOVING MY HUSBAND FIRST, THEN MY CHILDREN, THEN KEEPING MY HOME ABOVE OTHER THINGS)**

**Titus 2:4-5**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**6. GLORIFY GOD BY SUBMITTING TO MY HUSBAND'S LEADERSHIP. COULD MY PAST LACK OF SUBMISSION TO MY HUSBAND (THAT I HAVE MODELED TO MY CHILD) BE A FACTOR IN MY CHILD'S BEHAVIOR?**

**Ephesians 5:22-24**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**7. GLORIFY GOD BY SEEKING MY CHILD'S FORGIVENESS. WE MUST DEAL WITH OUR OWN SIN BEFORE WE CAN SEE CLEARLY TO DEAL WITH THE SIN OF OTHERS.**

**Proverbs 15:33, Matthew 7:1-5**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**8. GLORIFY GOD BY FAITHFULLY SETTING DOWN STANDARDS AND CARRYING OUT DISCIPLINE FOR DISOBEDIENCE. GOD OFTEN ALLOWS HARSH CONSEQUENCES TO FOLLOW SIN. A MOTHER MUST GO AGAINST HER "NATURAL MAN" AND ALLOW THE CONSEQUENCE OF SINFUL ACTIONS TO HAPPEN WITHOUT INTERFERING.**

**Proverbs 29:15, Hebrews 12:6**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**9. GLORIFY GOD BY MY HUMILITY, CONFESSING AND PUTTING OFF THE PORTRAYAL OF A FALSE SENSE OF PERFECTION.**

**Philippians 2:3, 1 Peter 5:5-7**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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**10. GLORIFY GOD BY PRAYING AND PERSEVERING.**

**James 5:16, Galatians 6:9, 1 Peter 1:7**

- What do I learn from these passages? \_\_\_\_\_  
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- What does is my plan of action for training in what I learn from this passage? \_\_\_\_\_  
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- Here's how I will specifically ask my coach to pray for me and hold me accountable: \_\_\_\_\_  
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