



PRAYING FOR PATIENCE?

FFC WOMEN'S DISCIPLESHIP RESOURCES
TAKE YOU TO GOD'S WORD FOR ANSWERS

PRAYING FOR PATIENCE?

Directions

- Carefully read the following verses or passages, and then write down specifically what you learned about patience.
- Write out a brief prayer asking God for the grace to become patient according to what you have learned.
- For at least a week, journal how you battle impatience using the chart that follows.
- Discuss the completed study and chart with the older woman who coaches you, so she can hold you accountable to change. Have her pray with you and for you.

Applying life to God's Word

Hebrews 6:15

- What is the truth in this passage? _____

- What will it look like when I apply my life to it? _____

- Prayer _____

Hebrews 10:36

- What is the truth in this passage? _____

- What will it look like when I apply my life to it? _____

- Prayer _____

James 1:2-4

- What is the truth in this passage? _____

- What will it look like when I apply my life to it? _____

- Prayer _____

1 Peter 1:13

- What is the truth in this passage? _____

- What will it look like when I apply my life to it? _____

- Prayer _____

1 Peter 2:19-23

- What is the truth in this passage? _____

- What will it look like when I apply my life to it? _____

- Prayer _____



Directions for battling impatience

To battle impatience, identify those times when you are impatient. For at least a week, keep a daily record of every time you are impatient. Note the time of day you were impatient, note the situation, and note what you did that expressed impatience. If there were people involved, note who they were, so that you can be held accountable to ask forgiveness of them. You will be sharing this chart with your coach.

Time	Situation	What I did that expressed impatience	People	How it would look to apply my life to God's Word.